

11<sup>th</sup> SAHRC/LEAH Teleconference  
**The Intersection of Youth Development & Teen Pregnancy Prevention**  
Thursday, April 29, 2010

**RELATED READING**

## Parent Engagement/Influence

### **Parents Matter: The Role of Parents in Teens' Decisions About Sex, November 2009**

Child Trends

<http://tinyurl.com/y9cxg7k>

This brief shows parents have more influence than they think on their adolescents' decisions about sex. Nearly one-half of 12- to 19-year-olds (47 percent) reported that their parents had the most influence on their decisions about sex.

### **What Works for Parent Involvement Programs for Adolescents: Lessons from Experimental Evaluations of Social Interventions, December 2009**

Child Trends

<http://tinyurl.com/ygrw8mn>

This fact sheet presents lessons learned from 47 parent involvement programs that work, don't work or have mixed results for adolescents aged 12 to 17. Overall, nearly 2/3 of parent involvement programs were found to be effective. Interventions that build parenting skills generally had positive impacts on at least one outcome. All family and teen-focused therapeutic interventions were found to work. Also, programs with a combined focus on parents and teens--those that include intervention components for both groups--were likely to be effective.

### **Ten Tips for Parents to Help Their Children Prevent Teen Pregnancy**

The *Ten Tips for Parents to Help Their Children Prevent Teen Pregnancy* is a resource developed by the National Campaign to Prevent Teen and Unplanned Pregnancy. This document utilizes current research on the impact of parents on teen sexual behavior to draw conclusions about how parents can effectively reduce their children

[http://www.naccho.org/toolbox/\\_toolbox%5CTen\\_Tips\\_for\\_Parents\\_to\\_Help\\_Their\\_Children\\_Prevent\\_Teen\\_Pregnancy\\_1.pdf](http://www.naccho.org/toolbox/_toolbox%5CTen_Tips_for_Parents_to_Help_Their_Children_Prevent_Teen_Pregnancy_1.pdf)

### **Parent-Child Connectedness: New Interventions for Teen Pregnancy Prevention**

ETR Associates

The *Parent-Child Connectedness: New Interventions for Teen Pregnancy Prevention* document was developed in response to the overwhelmingly positive health outcomes of parent-child connectedness interventions. This document, developed by ETR Associates, provides background information on some of the studies supporting parent-child connectedness and how it can be applied to teen pregnancy prevention. This document also lists several parent-child connectedness activities that can be adapted for different populations of parents. The activities outlined can be broken up into shorter sessions and can be implemented in a variety of settings.

[http://www.naccho.org/toolbox/\\_toolbox%5CParent-Child\\_Connectedness\\_New\\_Interventions\\_for\\_Teen\\_Pregnancy\\_Prevention\\_1.pdf](http://www.naccho.org/toolbox/_toolbox%5CParent-Child_Connectedness_New_Interventions_for_Teen_Pregnancy_Prevention_1.pdf)

### **With One Voice (lite): A 2009 Survey of Adults and Teens**

Bill Albert, The National Campaign

[http://www.thenationalcampaign.org/resources/birthdata/WOV\\_Lite\\_2009.pdf](http://www.thenationalcampaign.org/resources/birthdata/WOV_Lite_2009.pdf)

The National Campaign to Prevent Teen and Unplanned Pregnancy's series called With One Voice—is an important supplement to the behavioral data collected regularly by the federal government through such surveys as the National Survey of Family Growth (NSFG). *With One Voice (lite)* is a short survey that addresses two primary topics: (1) parental influence on teens' decisions about sex, abstinence, contraception, and (2) the recent increase in the U.S. teen birth rate.

## Evidence Based & Promising Practices

### **Replicating Effective Programs (webinar archive), February 2010**

National Campaign to Prevent Teen and Unplanned Pregnancy  
<http://www.thenationalcampaign.org/federalfunding/default.aspx>

National Campaign staff conducted a webinar/ conference call to provide general information on evidence-based programs, tips on how to successfully replicate programs in your community, and resources that may help you as you consider whether to apply for the funding. The recording of this webinar, accompanying PowerPoint presentation, and other resources from this webinar are available for download.

### **Pregnancy Prevention for Youth in Foster Care: A Tool for Caregivers and Providers, April 2010**

The National Campaign to Prevent Teen and Unplanned Pregnancy

[http://www.naccho.org/toolbox/\\_toolbox%5CPregnancy\\_Prevention\\_for\\_Youth\\_in\\_Foster\\_Care\\_A\\_Tool\\_for\\_Caregivers\\_and\\_Providers\\_1.pdf](http://www.naccho.org/toolbox/_toolbox%5CPregnancy_Prevention_for_Youth_in_Foster_Care_A_Tool_for_Caregivers_and_Providers_1.pdf)

This tool is designed for caregivers and service providers to raise awareness about and suggest ways to approach sex, pregnancy, and sexually transmitted infections (STIs) with youth in foster care.

### **20-Somethings: Careful, Current, and Consistent: Tips to Improve Contraceptive Use (2010)**

The National Campaign to Prevent Teen and Unintended Pregnancy

<http://www.thenationalcampaign.org/resources/pdf/pubs/carefulcurrentconsistent.pdf>

The tips in this publication provide suggestions on improving current contraceptive counseling—particularly for younger clients—and offer specific ways to help these clients reduce their risk of unplanned pregnancy.

### **What Works: Curriculum-Based Programs That Prevent Teen Pregnancy (2010)**

The National Campaign to Prevent Teen and Unplanned Pregnancy

<http://www.thenationalcampaign.org/resources/pdf/pubs/WhatWorks.pdf>

This 26-page pamphlet presents a succinct overview of what is known about carefully evaluated interventions that help prevent teen pregnancy, including a list of effective programs, selected program effects, contact information, as well as direct links to resources providing additional program and evaluation information. The pamphlet offers advice on how to choose a program, catalogs the characteristics of effective programs, and offers some words of caution about what an effective program actually can accomplish.

### **The Fog Zone: How Misperceptions, Magical Thinking, and Ambivalence Put Young Adults at Risk for Unplanned Pregnancy (2009)**

The National Campaign to Prevent Teen and Unintended Pregnancy

This research is based on a nationally representative survey of 1,800 unmarried young adults aged 18-29 and is the first of its kind to focus in depth on the attitudes and behavior of unmarried young adults--both men and women--regarding pregnancy planning, contraception, and related issues.

<http://www.thenationalcampaign.org/fogzone/PDF/FogZone.pdf>

### **Promising Teen Fatherhood Programs: Initial Evidence Lessons from Evidence-Based Research, 2008**

National Responsible Fatherhood Clearinghouse

Accessible at: <http://www.fatherhood.gov>

What makes for a good teen fatherhood program? The timing of fatherhood is a powerful organizer of the paternal role. Early entry into fatherhood is a non-normative event and often accelerates role transitions. Even before they become fathers, teen fathers are a particularly vulnerable group of males whose family backgrounds and life-stressors tend to differ from older men and men who do not become fathers during adolescence. For many years, teen fathers were either overlooked or blamed for their role in teen pregnancy. However, interest in designing programs to reduce teen pregnancy, and to enhance outcomes for babies and children as.

## Adolescent Development

### **Healthy Generations, Reproductive Health Surveillance Vol. II: Sexual Health, Summer 2009**

Center for Leadership Education in Maternal and Child Public Health at the University of Minnesota

[http://www.epi.umn.edu/mch/assets/downloads/GH\\_Summer\\_final\\_lo-res.pdf](http://www.epi.umn.edu/mch/assets/downloads/GH_Summer_final_lo-res.pdf)

The Center's Healthy Generations newsletter, published three times a year, combines the expertise of faculty and the experience of practitioners to focus on an important topic in maternal and child health. Two summer volumes of Health Generations focus on reproductive health. Volume II addresses a variety of topics including: Adolescent

Pregnancy and Childbearing, Monitoring Youth Health Behaviors , and Lesbian, Gay, Bisexual, and Transgender Reproductive and Sexual Health Surveillance.

### **Good Intentions: The Beliefs and Values of Teens and Tweens Today, 2009**

Girl Scouts of the USA

[http://www.girlscouts.org/research/pdf/good\\_intentions\\_full\\_report.pdf](http://www.girlscouts.org/research/pdf/good_intentions_full_report.pdf)

Beliefs and values--and their influence on decision making--have commanded significant media and public attention in the new millennium. In particular, it has been argued that youth today are bombarded with media images of less than exemplary role models, from professional athletes to politicians. But, what life choices will youth make when confronted with real-life dilemmas? How different or similar are youth on ethics and moral judgment compared to youth 20 years ago? This report on a national study, conducted by the Girl Scout Research Institute (GSRI) in partnership with Harris Interactive, explores what youth today value and how they go about making decisions, based on research conducted with 3,263 3rd to 12th graders from around the country.

### **Helping Young Men Thrive: Positive Youth Development and Men's Health, December, 2009**

National Adolescent Health Information Center at the University of California, San Francisco

<http://tinyurl.com/yz6r6kj>

Positive youth development (PYD) is a strong and growing field that complements the traditional problem-focused view of youth, and describes and promotes the healthy development and positive outcomes of young people. The PYD perspective can be applied in clinical and community intervention settings. Frameworks such as the "Five Cs" and the Search Institute's developmental assets model have guided researchers and practitioners in better understanding the process of PYD and the effectiveness of community interventions to promote PYD. The PYD literature lacks a coherent guiding framework to describe gender differences in positive development, which in turn could guide community and clinical interventions designed to help young men thrive.

### **Promoting Healthy Teens Brochure**

Healthy Teens Network

<http://healthyteennetwork.org>

This brochure focuses on the advantages of integrating HIV, STI and pregnancy prevention education and services, tips for integrating a program or services and HIV/pregnancy prevention resources.

### **Kiss and Tell: What Teens Say About Love, Trust, and Other Relationship Stuff**

National Campaign to Prevent Teen and Unplanned Pregnancy

[http://www.thenationalcampaign.org/resources/pdf/pubs/kiss\\_tell.pdf](http://www.thenationalcampaign.org/resources/pdf/pubs/kiss_tell.pdf)

This publication summarizes research findings from a nationally-representative telephone survey of 520 adolescents age 12-17. Also included in this report are findings from a web-based survey conducted through the National Campaign to Prevent Teen and Unplanned Pregnancy Website and those from focus groups conducted in six metropolitan areas with adolescents age 13-19.

## **Youth Development**

### **Engaging Youth...On Their Turf: Creative Approaches to Connecting Youth through Community**

Healthy Teen Network

<http://tinyurl.com/3dnkzs>

This recent publication from Healthy Teen Network focuses on how adolescent health professionals can utilize creative approaches to engaging youth in positive youth development. The publication highlights six examples of programs that reach out to youth in non-traditional communities through parental engagement, athletics, service-learning, art, mentoring, and youth empowerment approaches.

### **A Guide to Effective Investments in Positive Youth Development: Implications of Research for Financing and Sustaining Programs, August 2009**

<http://www.financeproject.org/publications/PositiveYouthDev.pdf>

This strategy brief reviews the research on "what works" to promote positive youth development and it provides decision makers with background information for making good investment decisions. The brief discusses the effects of various program- and system-level strategies on key outcomes for youth in an effort to shed light on how to invest limited resources to achieve desired outcomes. It identifies three promising strategies for financing and sustaining a comprehensive and seamless system that supports positive youth development: using data to target and track investment decisions; accessing flexible funding to maximize coordination; and building and strengthening partnerships.